

Middle School Special Rules

Red Arrow Conference

1. Any defense is allowed up to and including a 14-point lead. This includes full-court pressing, double-teaming and trapping from either a zone or man-to-man defense.
2. With a lead of 15 or more points, full-court presses, double-teaming and trapping from either a zone or man-to-man defense is not permitted.

Lakeland Conference

1. A fifth quarter will be played if both schools agree prior to the start of the season. If played, the scoreboard will be cleared and a six minute running clock will be used.
2. Any defense is allowed up to and including a 14-point lead. This includes full-court pressing, double-teaming and trapping from either a zone or man-to-man defense.
3. With a lead of 15 or more points, full-court presses, double-teaming and trapping from either a zone or man-to-man defense is not permitted.